

COACH EDUCATION

Resident coach programme

World Archery and the World Archery Excellence Centre in Lausanne, Switzerland, present a six-week education programme targeted to archery coaches interested in upgrading their knowledge, skills, and coaching competencies. This programme is a mix of theoretical and practical sessions. It includes shadowing head coach, participation in the standard World Archery coaching courses and, when possible, visit to archery performance centres in Europe or participation in competitions.

Eligibility

Minimum requirements:

- Good English level (min B2/C1)
- Recommendation by national archery federation
- Successful completion of online courses:
 - [World Archery level 1 coaching course](#)
 - [ADEL Anti-Doping course for high-performance coaches](#)
 - [IOC online course on safeguarding](#)

For group 1

- At least one year of coaching experience with novices
- Knowledge of archery as archer or an official

For group 2

- Coach with a national or international coaching certificate
- At least one year of coaching experience at intermediate level
- Attendance in previous World Archery coaching courses (desired)

The programme experts together with World Archery will study candidate's profile and will select a maximum of 5 coaches per group – minimum to run the programme is 3 coaches per group. Diversity and gender balance of participants will be taken into consideration for the final decision, as well as synergy of the participants' profile and technical knowledge.

Structure

- Six-week programme non-stop in Lausanne
- Two coaching courses (level 1 or 3 and level 2, depending on the group)
- On average, 3h of theoretical classes and 3h of practice sessions, five days per week
- Coaches will take an active part in activities organised in the Centre
- Coaches will receive more than 180 hours of education and practice

The responsible expert is World Archery Centre's head coach assisted by other coaches.

Content

The curriculum of the programme is adapted to the group level and includes, among others:

- Standard Teaching Process, equipment tuning and archery psychology
- Physical development and conditioning, training plans
- Competitor skills and readiness
- Mental aspects of archery
- High performance – national team structure, selecting athletes and managing the team
- The Korean system: structure, development, national team system, mental approach
- US Archery: coaching system and structure

Practical sessions:

- Instructor practice
- ‘Discover Archery’ and ‘Improve Archery’ events
- Olympic Solidarity scholarship archers training sessions
- Monitoring archers during competitions (Shadowing)
- Different archery initiations at the Centre

Visits, to be determined but could include the Italian national training centre, Cantalupa, Italy, or Beiter Center, Dauchingen, Germany

Other World Archery courses and workshops:

- Coaching course level 1 (for first group)
- Coaching course level 2 (for both groups)
- Equipment tuning workshops (for both groups)
- Coaching course level 3 (for second group)

Assessment and certification

World Archery will deliver a resident coach programme certificate of attendance.

Cost

The total cost for the 6-week programme is CHF 3'600.

It includes registration fees to World Archery coaching courses and equipment workshops and, if possible, visit to one international training centre in Italy or in Germany.

It does not include accommodation, meals, international travel and local transportation.

The following cancellation policy applies – by the registration deadline: cost is fully refundable; 30 days prior to the start of the course, 50% of registration fee is refundable. Less than 20 days, cost or deposit is not refundable.

Funding and scholarships

It is possible to apply for Olympic Solidarity scholarship through the national archery federation. Number of available scholarships is limited. More information [here](#) ([French](#) / [Spanish](#)).

Application and registration

Candidates must fill the [online registration form](#) and provide proof that they meet all requirements.

Contact and further information

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World Archery: <https://worldarchery.sport/>

World Archery Excellence Centre: <https://www.worldarcherycentre.org/>

