

BYLAW

Approved by FITA Council on 17 December 2011
Effective as of 1 April 2012

Book 5, Article 11.10.3.2

11.10.3.2 For the Instinctive Bow Division the following items are permitted:

11.10.3.2.1 A bow of any type provided it subscribes to the accepted principle and meaning of the bow used in target archery, e.g. an instrument consisting of a handle (grip), riser (no shoot-through styles are permitted), and 2 flexible limbs each ending in a tip with a string nock of which the riser is of a natural material such as wood, horn or bamboo. The bow can be of a take-down type but should not contain any mechanism to change the weight of the bow.

The bow is braced for use with a single string attached directly between the 2 string nocks, and in operation it is held in one hand by its handle (grip) and while the fingers of the other hand, draw, hold back and release the string.

The bow as described above must be bare, except for a simple plastic industry standard glued arrow rest (see article 11.10.3.2.3) and free from protrusions, sightmarks, marks or blemishes or laminated pieces (within the bow window area) which could be of use in aiming.

~~Max. bow weight for men and women is 60 lbs measured at the athlete's draw length.~~