

**BYLAW**

**Approved by World Archery Executive Board on 26 September 2013**

**Effective as of 1 April 2014**

**Book 4, Article 22.5.7.1**

22.5.7.1 *An anchor plate or similar device attached to the finger protection (tab) for the purpose of anchoring is not permitted. The bow must be shot using the "Mediterranean" loose (with one finger above) or fingers directly below the arrow nock (index finger no more than 2 mm below nock), with one fixed anchor point. The Athlete must choose either Mediterranean or fingers under nock, but may not use both. Finger protection when shooting with fingers under the nock must have a continuous surface or connected finger stalls, with no ability to shoot split finger. When using the Mediterranean loose a separator between the fingers to prevent pinching the arrow may be used.*