

**Book 4, Article 9.3.2.3**

*A question was raised by a FITA Council Member as to whether or not string dampeners are permitted to be used on longbows.*

The Constitution & Rules Committee finds the question presented to be within terms of reference of the Technical Committee, and has determined that the following Interpretation of the Technical Committee is not contrary to the existing rules or Congress decisions.

**Response from the Technical Committee:**

Use of String Dampeners in the Long Bow Division:

It is the majority opinion of the Technical Committee that string dampeners are not legal in the Longbow Division. In one aspect or another, string dampeners contravene rules, Book 4, 9.3.2.3 and Book 5, 11.10.3.4.2 and 11.10.3.4.2.1 within the various disciplines where the Longbow division is allowed. It is clear that no attachments are allow on the bowstring in the Longbow Division other than two nocking points and string serving that may not end within the athletes vision.

**FITA Technical Committee, 2 June 2008**

**Approved by the FITA C&R Committee, 12 June 2008**

**Book 5, Article 11.10.3.4.2 & 11.10.2.4.2.1**

*A question was raised by a FITA Council Member as to whether or not string dampeners are permitted to be used on longbows.*

The Constitution & Rules Committee finds the question presented to be within terms of reference of the Technical Committee, and has determined that the following Interpretation of the Technical Committee is not contrary to the existing rules or Congress decisions.

**Response from the Technical Committee:**

Use of String Dampeners in the Long Bow Division:

It is the majority opinion of the Technical Committee that string dampeners are not legal in the Longbow Division. In one aspect or another, string dampeners contravene rules, Book 4, 9.3.2.3 and Book 5, 11.10.3.4.2 and 11.10.3.4.2.1 within the various disciplines where the Longbow division is allowed. It is clear that no attachments are allow on the bowstring in the Longbow Division other than two nocking points and string serving that may not end within the athletes vision.

**FITA Technical Committee, 2 June 2008**

**Approved by the FITA C&R Committee, 12 June 2008**