

INTERPRETATIONS
FITA CONSTITUTION AND RULES

Book 5, Chapter 11, Article 11.10.3.2.1

A question was raised by a Council Member whether it would be permissible in the Instinctive Bow Division under the 3D Rules to place a piece of material (plastic, felt or other material, as shown below) between the arrowrest and the riser which would cause the arrow rest to be built-out from the riser in order to adjust the center shot:



The Constitution and Rules Committee finds the question presented to be within terms of reference of the Technical Committee.

The Constitution and Rules Committee has determined that the following interpretation of the Technical Committee is not contrary to the existing rules or Congress decisions.

Response from the Technical Committee:

It is the majority opinion of the Technical Committee that building out the arrow rest to adjust center shot is legal within the Instinctive Bow Division (article 11.10.3.2.1) with the following stipulation. The material (plastic, double stick tape, etc) must not extend beyond the edges of the rest. That is, the material used to build out the rest and adhere the rest to the bow must be the same shape and dimension as the backing of the plastic rest. If the build out material were to extend beyond the edges of the rest, then it would have to be considered a protrusion providing an added means of aiming. Therefore, it is legal to build out the rest as long as the material used does not extend or protrude beyond the edges of the rests plastic backing. A good example is Hoyt offers two thicknesses of double stick tape to attach their Hoyt Super Rest. One double stick pad is about 1.5 mm thick and the other about 4 mm thick and are both the same external dimension as the plastic rest.

FITA Technical Committee, 14 May 2009
Approved by the FITA C&R Committee, 15 June 2009
