Book 5, article 11.10.3.2.2.2

The Austrian Archery Federation has requested an interpretation on whether the pictured arrow rest would be allowed in 3D.

The Constitution and Rules Committee finds the question presented to be within terms of reference of the Technical Committee.

The Constitution and Rules Committee has determined that the following interpretation of the Technical Committee is not contrary to the existing rules or Congress decisions.

Response from the Technical Committee:

Originally when this interpretation request was submitted, rule 11.10.3.2.2.2 existed with specific wording regarding arrow rest pressure-buttons. However, under current rule 11.10.3.2.3, which is now effective and replaced 11.10.3.2.2.2, the wording that disallowed arrow rest pressure-buttons has been removed.



It is the majority opinion of the Technical Committee that the type of arrow rest noted in the original request for interpretation (photo provided), does conform to the new rule 11.10.3.2.3. There is nothing in the new rule that would cause this specific arrow rest to contravene the rule or the intent of the rule.

Below are the former and current rule which pertain to the 3D Instinctive Bow Division regarding arrow rests:

Effective 1 April 2010:

11.10.3.2.3 Either a simple plastic industry standard glued arrowrest can be used or the athlete can use the bow shelf, in which case it may be covered with any type of soft material. No other types or arrowrests will be allowed.

Pre-1 April 2010:

11.10.3.2.2.2 Either no arrow rest is used or only a simple <u>glued</u> arrow rest without pressure-button or cushion-plunger and without overdraw can be used.

FITA Technical Committee, 2 April 2010 Approved by the FITA C&R Committee, 9 April 2010