Book 3, Chapter 11, Article 11.1.10

The Judges Committee has requested an interpretation as to whether the use of kinesiology tapes and compression t-shirts is allowed?

The Constitution and Rules Committee ("C&R") finds the question presented to be within the terms of reference of the Technical Committee after consultation with the Athletes Committee and the Medical Committee.

C&R has determined that the following interpretation is not contrary to the existing rules or Congress decisions.

Response from the Technical Committee:

It is the majority decision of the Technical Committee that kinesiology tape and compression type clothing is legal in all divisions of World Archery. However, these types of elastic support and compression clothing may not contain "stiff" parts or rigid bracing that would support any joints of the shoulders, elbows, wrists, or any body joint. Kinesiology tape has already been allowed for use in all divisions of World Archery, subject to the 2005 interpretation (which is set forth below).

2005 interpretation on taping:

Book 2, Art. 7.3.3 A question has been raised concerning supports and taping of various joints, especially referring to wrist, elbow and shoulder areas. Response from the C&R Committee, after consultation with the Medical Committee and the Technical Committee: The taping of human joints, i.e. fingers, wrists, elbows, shoulders, knees etc. is legal within the rules of FITA. Although no rule supports this question, in the same regard no rule disallows it. Furthermore, the taping of joints has been a long time practice for many decades and therefore falls under a widely accepted and allowable framework of acceptable equipment. Within the last 50 plus years, no judge to our knowledge has proposed that taping is not legal. Therefore, we have to assume that under these circumstances, it is legal. However, it is to be stipulated that no such taping may contain a firm, "stiff" brace that would in any way help support the bow arm or drawing fingers in regard to any assistance in drawing and releasing the bowstring. C&R Committee, 28 August 2005.

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